



# legal services & advocacy

## CONTINUING CARE SERVICES

### Kaiser Permanente Services

- Advance Health Care Directive (Life Care Planning forms) ..... 800-464-4000
- available from KP Member Services or Continuing Care Services* ..... 619-641-4456
- Life Care Planning (class)..... 619-641-4194

### Community Services

*This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.*

- California Indian Legal Services..... 760-746-8941
- www.calindian.org* ..... 800-743-8941

- California Women’s Law Center
- www.cwlc.org*

- Center for Community Solutions (Domestic & Family Law)..... 858-272-5777
- East County ..... 619-697-7477
- North County ..... 760-747-6282
- www.ccssd.org* ..... *24-hour Confidential Hotline* ..... 888-385-4657

- Consumer Center for Health Education and Advocacy.....877-734-3258
- www.laszd.org*

- Council for Disability Rights
- https://www.disabilityrightsca.org/*

- District Attorney’s Office ..... 619-531-4040
- Welfare fraud ..... 800-421-2252
- www.sdcca.org*

- Do Not Call List Notification..... 888-382-1222
- Hearing Impaired ..... 866-290-4236
- www.donotcall.gov*

- Elder Law Advocacy ..... 858-565-1392
- North County & Imperial Co. (Spanish available) ..... 760-353-0223
- HICAP Health Insurance Counseling and Advocacy Program
- www.seniorlaw-sd.org*

<http://continuingcare-sandiego.kp.org>



- Equal Right Advocates  
*www.equalrights.org*
- Family Court Services (Spanish link available) ..... 619-844-2888  
*http://www.sdcourt.ca.gov/*
- Institute for Healthcare Advancement ..... 800-434-4633  
Easy to read Advance Directive in multiple languages  
*www.ih4health.org/our-services/advance-directive*
- Estate Planning:**
- Daniel K. Printz, A.P.C. .... 858-519-8020  
*http://www.thelegacylawyer.com*
- Law Office of David W Foley - California Living Trusts .....619-284-2444  
*https://californialivingtrusts.com/*
- Law Office of Larry D McGill..... 619-589-9819
- Gubler Winn Trusts & Estates .....760-280-2460  
*www.gublerwinn.com*
- The Law Offices of Joseph Battle Carnohan.....760-722-8200  
*http://www.jbcarnohan.com/*
- Broaden Law .....619-567-6845  
*http://BroadenLaw.com*
- Lawyer Referral Services:**
- North County Bar Association .....760-758-5833  
*https://www.northcountybar.org/*
- San Diego Bar Association ..... 800-464-1529  
*www.sdcb.org*
- Legal Aid Society of San Diego, Inc ..... 877-534-2524  
*www.lasds.org*
- National Conflict Resolution Center..... 619-238-2400  
*www.ncrconline.com*
- National Health Law Program  
*www.healthlaw.org*
- North County Lifeline (Vista) ..... 760-726-4900  
Oceanside ..... 760-757-0118  
*www.nclifeline.org* .....(San Marcos)..... 760-842-6270
- Public Guardian’s Office ..... 858-694-3500  
*www.sandiegocounty.gov*
- San Diego Volunteer Lawyer Program..... 619-235-5656  
*www.sdvlp.org*
- Sargent Shriver National Center on Poverty Law  
*www.povertylaw.org*

University of San Diego Legal Clinics ..... 619-260-7470  
[www.sandiego.edu/law/free-legal-assistance](http://www.sandiego.edu/law/free-legal-assistance)

U.S. Department of Justice  
Americans with Disabilities Act (ADA)  
<https://www.justice.gov/crt/disability-rights-section>

## **Helpful Terms**

### **Conservator/Guardian**

A conservator or guardian is a person that is appointed by the court to arrange for the personal care or financial supervision (or both), for someone who has been found by the court to be unable to do so.

**Estate Planning** is simply the process of making it clearly known how you want your estate to be handled after you pass or if you're incapacitated and unable to handle things on your own.

### **Fiduciary**

A relationship that implies a position of trust or confidence where one person is entrusted to hold or manage property or money for another.

*For corrections or additions to this handout, please call (619) 641-4456*